

Make a bird pudding



You will need:

Yoghurt pots
High quality bird seed
Unsalted peanuts
Grated cheese
Suet or lard
Mixing bowl
String
Scissors



How to make your bird puddings

1. With an adult, make a little hole in the bottom of the yoghurt pot. Why not get more creative and decorate the outside with some pretty paper too? Thread your string through the hole and tie a knot on the inside.
2. Let the suet or lard warm up and then with an adult, cut it into small pieces and pop it into the mixing bowl.
3. This is where it gets messy! (And fun!) Add all of your other ingredients into the mixing bowl, and squidge them all together with your fingers!
4. When you think you've mixed all the ingredients together really well, start filling up your yoghurt pots with the special bird pudding mixture. Pop them into the fridge to set - usually about an hour or so is long enough.
5. When your bird puddings have set, hang them out on the trees in your garden. Keep watching to see which birds visit to have a tasty snack!

